POST SECONDARY LEARNING

Provides a "hands on" program to assist student athletes to develop, improve and utilize their athletic skill and academic abilities to access the best possible scholarship opportunities available to them.

Academic success and achievement is a major component of the program. We will provide advice regarding academic eligibility and requirements, SAT/ACT preparation courses and testing dates as well as on-site testing opportunity. Our coaching staff and sports directors are well qualified and experienced. They have developed a positive rapport with college/university coaches over a number of years. We will provide the following:

- One-on-one preparation and development of resumes and player profiles.
- Up-to-date information on NCAA rules and regulations rules affecting our student athletes.
- Personnel to review and advise student athletes regarding course selection, direction and SAT/ACT preparation.

SOCCER ACADEMY STAFF

Franco Saporito	Director
Angelo Sestito-	Head Coach
Leo McAndry	Head Coach
John Sinclair	Strength & Conditioning Instructor/ First Aid, Athletic Injury Instructor, Nutrition
Calinda Landaker	Head Coach/Teacher

It's fun! It's enriching! It's challenging!

St. Francis Xavier High School
9250 - 163 Street
Edmonton, Alberta, T5R 0A7
Tel: 780 489-2571 • Fax: 780 486.2564
www.stfrancisxavier.ecsd.net
www.stfx.com/soccer

EDMONTON CATHOLIC SCHOOLS

Soccer

Soccer

ST. FRANCIS XAVIER

9250 - 163 Street, Edmonton, Alberta, T5R 0A7
Tel: 780 489-2571 • Fax: 780 486.2564

"Where Students Become Players"

OUR PHILOSOPHY

After 10 years St. Francis Xavier Soccer Academy continues to grow and excel at training serious students with over 90 students having graduated into post secondary soccer. Students combine athletics with academics with the opportunity to train in a competitive and comfortable environment whether it is a player at a National, Provincial or Club Level. (continued inside page)

www.stfrancisxavier.ecsd.net

Soccer Soccer

continued **OUR PHILOSOPHY**

The St. FX Soccer Academy deals with the technical development of high performance playing with particular emphasis on tactical understanding (decision-making) emphasis through game situation training methods. Additionally, this program incorporates a training program for speed, power, development and/or training in coordination, flexibility, agility, aerobic endurance and aerobic power.

Throughout the training, the student will improve the time management, independence and organizational skills required to commit one in achieving his/her soccer goal.

ADMISSION REQUIREMENTS

To be Eligible for Admission, the Student:

- MUST complete application for admission by providing two required references.
- MUST have good academic standing, maintain successful progress reports in all subjects and must demonstrate academic skills allowing for a minimum 40 credit load.

- Two Rhodes Scholarship Recipients (Oxford University Study Award)
- Two Johnny Bright Award Recipients (Academic/Athletic/Community Award)
- First Educational Soccer Academy in Canada
- 10 newly constructed classrooms
- Future home of the FX Field house (Completion 2010)
- Fully Approved and Sanctioned by Alberta Soccer
- Semester and Full Year Programs
- Over 90 students graduated into Post Secondary Soccer (NCAA, NAIA, CIS, ACAC, ACAA)
- 13 National Team members
- 18 National Champions
- 3 International European Professional Academy Tours
- 3 European Professional players
- Year round outdoor specific training

DURATION

Semester 1	September - January
Semester 2	February - June
Full Year	September - June

Junior (5 Month Program) - This program will take place everyday during morning classes for all new students in the program (Grade 10) with focus on technical development and game training situations.

Middle (5 Month Program) - This program will take place everyday during afternoon blocks for students who have completed the junior level and are in Grade 11. Focus will be to improve all technical areas within game training situations using principles of play.

Senior (10 Month Program) - This afternoon program is for students who have successfully completed Junior and Intermediate requirements and are looking to play at a high level. This program will also include students who play at a high level in Grades 10 and 11(Provincial Team, Alberta Major League). The primary focus of development will be technique on demand and technical/tactical development.

COST OF PROGRAM

The cost of the program is $1,250 for all students. Monthly payments are available. The fee includes full set of Adidas training gear, transportation, facility rentals, Canadian soccer coaching courses and classroom training seminars.

TRAINING SESSIONS

Outdoor - The outdoor sessions will occur on the St. FX training fields with focus on outdoor tactical and skill development. Training sessions may include inter squad and exhibition games against local club teams and university/college red shirts, as well as an opportunity to compete internationally and in domestic tournaments.

Indoor - Indoor sessions will take place at the West Edmonton Indoor Soccer Center as well as the Karl Weidle Center (Victoria Soccer complex-outdoor specific)).

INTERNATIONAL PROGRAM

The St. FX Soccer Academy is pleased to offer an International Playing Program. The objective of the program is to afford student athletes an opportunity to enhance both their Competitive Playing and Educational Experiences.

CURRENT PROJECTS

- Italy 2009 - Boys Academy
- Italy 2010 - Girls Academy

PAST PROJECTS

- England 2007 - Boys Academy
- England 2008 - Girls Academy