continued **ACADEMY STAFF**

Nate Hay - Strength and Conditioning Coordinator
- Edmonton Cracker Cats who were in the Northern League of Professional Baseball - Strength, Conditioning and Trainer 2007 season
- Currently the Edmonton Eskimos Associate Trainer 2008

Email: haynatehay@gmail.com

Gord Gerlach - Instructor/Defense Coordinator
- Coached Professionally for the Oakland Athletics with the Vancouver Canadians
- Certified Instructor in the National Coaching Certification Program with Levels I, II, III and IV
- Currently a Coach with the Edmonton Cracker Cats and Managed the team in 2007

Email: ggerlach33@hotmail.com

David Warawa Sports Academy Administrator

Office: 780 489-2571
Email: warawad@ecsd.net

TRAINING FACILITIES

St. Francis Xavier High School	9250 - 163 St.
Jubilee Park Diamonds	93 Ave - 161 St.
Callingwood Ballpark	173 St. - 76 Ave.
West End Baptist Church	180 St. - 98 Ave.
Jasper Place Fitness & Leisure Center	9200 - 163 St.
Telus Field	10233 - 96 Ave.

It's fun! It's enriching! It's challenging!

St. Francis Xavier High School
9250 - 163 Street
Edmonton, Alberta, T5R 0A7
Tel: 780 489-2571 • Fax: 780 486.2564
www.stfrancisxavier.ecsd.net
www.fxbaseball.com

EDMONTON CATHOLIC SCHOOLS

Baseball

Baseball

ST. FRANCIS XAVIER

9250 - 163 Street, Edmonton, Alberta, T5R 0A7
Tel: 780 489-2571 • Fax: 780 486.2564

The PERFECT GAME Baseball Academy

Our Philosophy
The Academic and Baseball staff is committed to Long Term Development of the student athlete as well as creating a positive environment for learning. The Baseball Academy gives individuals the opportunity to enhance baseball skills, develop positive routines while balancing academic studies. It is a very exciting time for the development of baseball programs in Canada and this curriculum is a large step forward in developing excellent student athletes and investing in their academic and athletic future.

www.stfrancisxavier.ecsd.net

REQUIREMENTS AND STANDARDS

It is expected that all student athletes will maintain above average academic scores to be eligible to participate in the Baseball Academy. This is Non-Negotiable and is the Instructor's responsibility to monitor every academy student athlete's academic progress. Instructors will use the following as a guideline in creating instructional groups/teams.

- Skill Level
- Attitude
- Individual Goals/Objectives
- Academics
- Attendance
- Grade/Age
- Playing Experience
- Player Potential
- Coaches Feedback

FALL INSTRUCTION LEAGUE

The St. Francis Xavier Baseball Academy uses games as an instructional tool and play approximately 36 games between the start of the academic schedule until Mid – October. Rosters for these games are based on development level and are at the discretion of the Instructors. Fall Schedule will be released in June.

FLORIDA SPRING TRAINING

The St. Francis Xavier Baseball Academy takes part in a trip to Florida in late March where games are played in preparation for the regular season. There is a mixture of training and games played with teams from Florida, Pennsylvania and Michigan. The facilities that are used are state of the art and have been used or are currently used by Major League Baseball Franchises Rosters

EVALUATION

Physical Education	5 Credits
Sports Performance	5 Credits
Independent Religion	3 Credits
CALM (Grade 11)	3 Credits

BASEBALL ACADEMY MERCHANDISE

As a member of the Baseball Academy the following items will be supplied for all student athletes but may change from year to year at the discretion of the Baseball Academy Staff.

- Track Suit (Mizuno)
- 1 Pair Shorts (Mizuno)
- BP Jacket (Mizuno)
- Baseball Cap
- Mizuno Turfs
- Dry Fit T-Shirt (Mizuno)
- Majestic Winter Jacket
- Baseball Pants (Mizuno)
- Baseball Bag (Mizuno)
- Mizuno Spikes

POST SECONDARY OPPORTUNITIES

The Baseball Academy is dedicated to assisting and furthering baseball and academic opportunities at post secondary institutions for all student athletes.

BASEBALL CANADA APPROVED STATUS

St. Francis Xavier Baseball Academy is sanctioned as a training and learning center for baseball student/athletes and meets the highest standards required in the country as far as instructors, facilities and program requirements.

ACADEMY STAFF

Mark Randall - Baseball Academy Director/Pitching Coordinator

- Drafted by the Philadelphia Phillies in 1989 and played professional Baseball for 9 years
- Pitching Coach with the Canadian National Senior and Junior Team, and a player with the Sr. National Team from 1998-2001.
- Houston Astros Director of Canadian Scouting.

Baseball Office: 780 489-2571 Ext. 338
Cell: 780 238-6275

Sheen Bromley - Academics Lead Teacher/Hitting Coordinator

- Formerly the Baseball Coordinator for Micronesia in the Oceania Region
- National Team Head Coach – Federated States of Micronesia
- Has coached for Team Alberta, Spruce Grove Midget AAA's, Edmonton Big River Prospects of the Western Major Baseball League and Edmonton Cracker Cats of the Northern League

Baseball Office: 780 489-2571 Ext. 338
Email: bromleys@ecsd.net

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